

**Clackamas Community College**  
Online Course/Outline Submission System

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### Section #1 General Course Information

**Department:** Nursing

**Submitter**

First Name: Sue

Last Name: Bradbury

Phone: 0657

Email: sueb

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**Course Prefix and Number:** NRS - 111

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**# Credits:** 3

**Contact hours**

Lecture (# of hours): 33

Lec/lab (# of hours):

Lab (# of hours):

Total course hours: 33

For each credit, the student will be expected to spend, on average, 3 hours per week in combination of in-class and out-of-class activity.

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**Course Title:** Foundations of Nursing in Chronic Illness I

**Course Description:**

This course introduces assessment and common interventions (including technical procedures) for patients with chronic illnesses common across the life span in multiple ethnic groups. The patient's and family's "lived experience" of the condition is explored. Clinical practice guidelines and research evidence are used to guide clinical judgments in care of individuals with chronic conditions. Multidisciplinary team roles and responsibilities are explored in the context of delivering safe, high quality health care to individuals with chronic conditions (includes practical and legal aspects of delegation). Cultural, ethical, legal and health care delivery issues are explored through case scenarios and clinical practice. Case exemplars include children with asthma, adolescents with a mood disorder, adults with type 2 diabetes, and older adults with dementia. The course includes classroom and clinical learning experiences.

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**Type of Course:** Career Technical Preparatory

Is this class challengeable?

**No**

Can this course be repeated for credit in a degree?

**No**

Is general education certification being sought at this time?

**No**

Does this course map to any general education outcome(s)?

**No**

Is this course part of an AAS or related certificate of completion?

**Yes**

**Name of degree(s) and/or certificate(s):** Nursing AAS

Are there prerequisites to this course?

**Yes**

**Pre-reqs:** NRS-110

**Have you consulted with the appropriate chair if the pre-req is in another program?**

**No**

Are there corequisites to this course?

**Yes**

**Co-reqs:** NRS-230, NRS-232, NRS-111C

Are there any requirements or recommendations for students taken this course?

**No**

Are there similar courses existing in other programs or disciplines at CCC?

**No**

Will this class use library resources?

**Yes**

**Have you talked with a librarian regarding that impact?**

**Yes (A 'Yes' certifies you have talked with the librarian and have received approval.)\***

Is there any other potential impact on another department?

**No**

Does this course belong on the Related Instruction list?

**No**

**GRADING METHOD:**

A-F Only

**Audit: Yes**

When do you plan to offer this course?

✓ **Winter**

Is this course equivalent to another?

If yes, they must have the same description and outcomes.

**No**

Will this course appear in the college catalog?

**Yes**

Will this course appear in the schedule?

**Yes****Student Learning Outcomes:**

Upon successful completion of this course, students should be able to:

1. conduct a health assessment that is family-centered and both developmentally and culturally appropriate and interpret, and use the resulting health data, focusing on:
  - a. mental and functional status, ADLs and IADLs,
  - b. coping/adaptive strategies used by patient/family,
  - c. lived experience of chronic illness, including recognition of stigma and its impact on vulnerability and maintaining health,
  - d. impact of condition on family functioning, and
  - e. specific lab value interpretation and medication concerns such as polypharmacy;
2. provide safe and effective, developmentally and culturally appropriate care to patients with chronic illness including:
  - a. safely and effectively assisting patients with ADLs and IADLs,
  - b. identifying and providing for comfort needs (physical and emotional),
  - c. teaching patients/families about interventions for managing symptoms such as chronic pain, fatigue,
  - d. teaching patients about self-assessment and self-management in highly prevalent chronic conditions, such as (but not limited to) congestive heart failure, dementia, type 2 diabetes, and depression, and
  - e. addressing basic questions about prognosis of illness;
3. develop and implement a family-centered plan of care for a patient with a chronic illness that incorporates evidence-based intervention strategies, assessment data, child and family developmental considerations, and demonstrates a deep understanding of the patient's perspective and illness experience within the framework of exacerbation, trajectory, and plateau;
4. apply ANA Code of Ethics in the care of persons with a chronic illness or disability,
5. identify roles and functions of members of the health care team in order to provide care for the chronically ill,
6. use therapeutic communication skills in the development of therapeutic relationships with patients and families,
7. recognize potential legal and ethical issues related to patient autonomy across the lifespan in at risk populations.

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***This course does not include assessable General Education outcomes.***

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**Major Topic Outline:**

1. Characteristics of Chronic Illness.
2. Common interventions in dealing with chronic illness.
3. Chronic illnesses that are common across the life span.
4. Chronic illnesses that are common in Oregon.
5. Influence of ethnicity/culture on chronic illness.
6. Research guided clinical judgment.
7. Legal aspects of delegation.
8. Role of multi-disciplinary team members.
9. Ethical issues related to chronic illness.
10. Health policy for clients suffering with chronic illness.
11. Substance abuse.
12. Children suffering with asthma.
13. Adults with diabetes.
14. Dementia in older adults.

**Does the content of this class relate to job skills in any of the following areas:**

- |                                      |           |
|--------------------------------------|-----------|
| 1. Increased energy efficiency       | <b>No</b> |
| 2. Produce renewable energy          | <b>No</b> |
| 3. Prevent environmental degradation | <b>No</b> |
| 4. Clean up natural environment      | <b>No</b> |
| 5. Supports green services           | <b>No</b> |

Percent of course: 0%

First term to be offered:

**Specify term:** **Winter 2016**

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